ARIZONA DEPARTMENT OF EDUCATION CHILD AND ADULT CARE FOOD PROGRAM MENU PRODUCTION WORKSHEET

BREAKFAST

Date					MENU:	VEGETABLE/ FRUIT
Number P	lanned For:			_		
Age	Age	Age				GRAINS/BREADS
1 to 2	3 to 5	6 up to 12	+ Adult			
						MILK

Component Requirements	FOOD ITEMS Age Factor	No. of Servings	Market Unit	Amount Needed	Amount Used
VEGETABLES AND/OR FRUITS	1-2	1/4 C.			
GRAINS/BREADS	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	½ sl.			
FLUID MILK	1-2	½ c.			

SUPPLEMENT Choose Any TWO of the FOUR Components for Each Supplement

A.M. SUPPPLEMENT P.M. SUPPLEMENT Milk ½ c. Fruit/Vege-Milk ½ c. Fruit/Vege-Age Meat 1 oz. Age Meat 1 oz. Bread 1/2 sl. table ¼ c. Bread 1/2 sl. table ¼ c. 1-5 x 2 =

TOTALS					TOTALS				
Component	No. of Servings	Market Unit	Amount Needed	Amount Used	Component	No. of Servings	Market Unit	Amount Needed	Amount Used
		·							

6-12 + Adults

ARIZONA DEPARTMENT OF EDUCATION CHILD AND ADULT CARE FOOD PROGRAM MENU PRODUCTION WORKSHEET

LUNCH/SUPPER

Date				MENU:	MEAT/MEAT ALTERNATE
Number P	lanned For:				
Age 1 to 2	Age 3 to 5	Age 6 up to 12 + A	dult		VEGETABLE/ FRUIT
					VEGETABLE/ FRUIT
					GRAINS/BREADS

MILK

Component Requirements	FOOD ITEMS Age Factor	No. of Servings	Market Unit	Amount Needed	Amount Used
1. MEAT OR MEAT ALTERNATE	1-2 x 1 = + 3-5 x 1.5 = + 6-Adt x 2 = +=	1 oz.			
2. VEGETABLES AND/OR FRUITS	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	¹⁄4 C.			
Use two or more					
sources to meet the					
total portion					
requirement for					
each age group.					
3. GRAINS/ BREADS	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	½ sl.			
4. FLUID MILK	Use "No. of Servings" from Meat/Meat Alternate	½ C.			

ARIZONA DEPARTMENT OF EDUCATION CHILD AND ADULT CARE FOOD PROGRAM ADULT MENU PRODUCTION WORKSHEET

BREAKFAST

Date				MENU:	VEGETABLE/ FRUIT
Number P	lanned For:		•		
					GRAINS/BREADS
Adults	Staff	Total			
					MILK

Component Requirements	FOOD ITEMS Age Factor	No. of Servings	Market Unit	Amount Needed	Amount Used
VEGETABLES AND/OR FRUITS	(Total) x 2 =	½ c.			
GRAINS/BREADS	(Total) x 4 =	½ sl.			
FLUID MILK	(Total) x 2 =	½ C.			

SUPPLEMENT Choose Any TWO of the FOUR Components for Each Supplement

A.M. SUPPPLEMENT

P.M. SUPPLEMENT

Number of: Adults	Milk ½ c. Bread ½ sl.	Meat 1 o		Fruit/Vege- able ¼ c.	Number of: Adults		ilk ½ c. ead ½ sl.	Meat 1	OZ.		t/Vege- e ¼ c.
Staff	x 2 =	x 1 = _	x	2 =	Staff	x 2	2 =	x 1 =		x 2 =	=
TOTALS		_			TOTALS						
Component	No. of Servings	Market Unit	Amoun Needed		Component		No. of Servings	Market Unit	Amo Need		Amount Used

ARIZONA DEPARTMENT OF EDUCATION CHILD AND ADULT CARE FOOD PROGRAM ADULT MENU PRODUCTION WORKSHEET

LUNCH/SUPPER

No. of

Market

Amount

Amount

Date			MENU:	MEAT/MEAT ALTERNATE
Number P	lanned For:			ALILINAIL
				VEGETABLE/
Adults	Staff	Total		FRUIT
				VEGETABLE/
				FRUIT
				GRAINS/BREADS
				MILK

FOOD ITEMS

Component

Requirements Age Factor Servings Unit Needed Used 1. MEAT OR 1 oz. $(Total) \underline{\hspace{1cm}} x 2 = \underline{\hspace{1cm}}$ **MEAT** ALTERNATE 2. VEGETABLES ½ c. (Total) ____ x 4 = ____ AND/OR **FRUITS** Use two or more sources to meet the total portion requirement for each age group. 3. GRAINS/ ½ sl. **BREADS** $(Total) \underline{\hspace{1cm}} x 4 = \underline{\hspace{1cm}}$ 4. FLUID MILK Use "No. of Servings" from $\frac{1}{2}$ C. Meat/Meat Alternate